



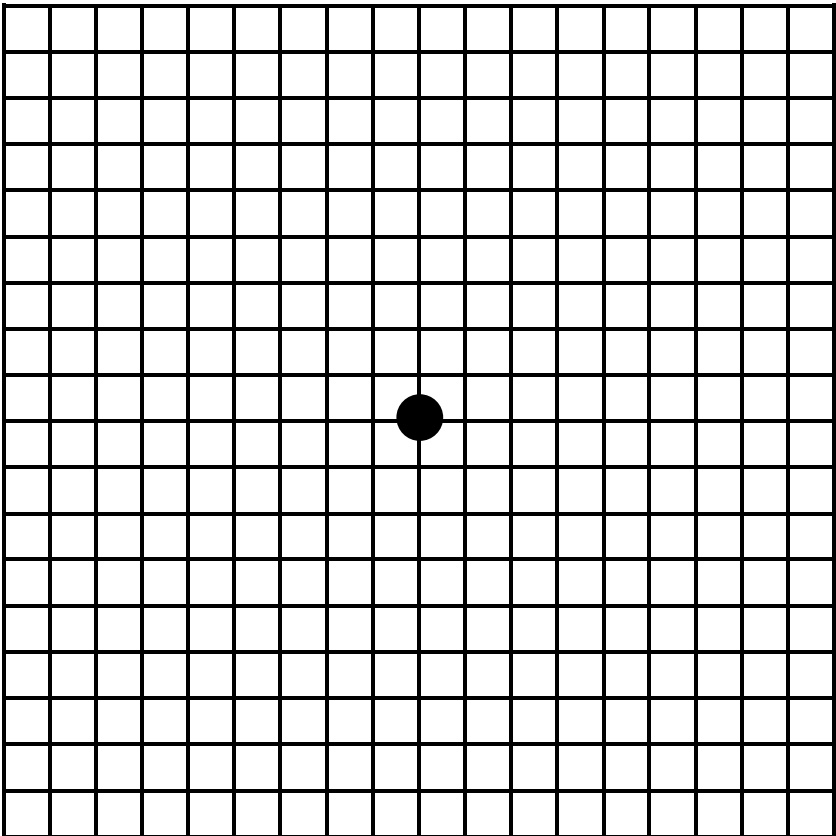
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Amsler Grid



Instructions on next page

Use of the Amsler Grid

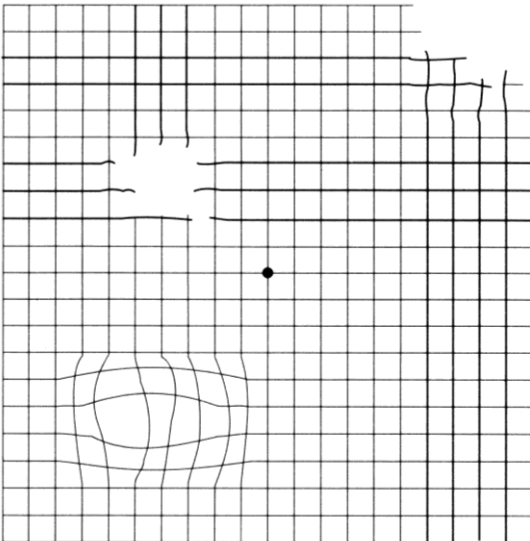
Please look at the Amsler Grid daily. For easy access we suggest placing the grid on the refrigerator or next to the bathroom sink. While wearing bifocals or reading glasses cover one eye and look at the grid from 14 inches away. It is important to test ONE EYE AT A TIME.

Focus on the center dot. While you keep your gaze fixed upon the black center spot, you should check for the following things:

- ***Can you see the four sides and corners of the square?***
- ***Can you see all the smaller boxes filling the larger box completely?***
- ***Are all the lines straight and parallel to each other?***

Now cover the other eye and repeat.

Contact Affleck MD Eye Care if there are any changes. A clinic visit within a few days is often necessary to assess if there have been any changes in the central area of the retina.



Possible abnormal changes